** Forest Hills Primary School**

**Long Term Planning – PSHE - 2023-24**

**Cycle A**

|  |  |  |  |
| --- | --- | --- | --- |
| **Subject** | **Autumn** | **Spring** | **Summer** |
| **KS1** | Me and My Relationships | Valuing Difference | Keeping Myself Safe | Rights and Responsibilities | Being My Best | Growing and Changing |
| **LKS2** | Me and My Relationships | Valuing Difference | Keeping Myself Safe | Rights and Responsibilities | Being My Best | Growing and Changing |
| **UKS2** | Me and My Relationships | Valuing Difference | Keeping Myself Safe | Rights and Responsibilities | Being My Best | Growing and Changing |

**Long Term Planning – PSHE - 2024-25**

**Cycle B**

|  |  |  |  |
| --- | --- | --- | --- |
| **Subject** | **Autumn** | **Spring** | **Summer** |
| **KS1** | Me and My Relationships | Valuing Difference | Keeping Myself Safe | Rights and Responsibilities | Being My Best | Growing and Changing |
| **LKS2** | Me and My Relationships | Valuing Difference | Keeping Myself Safe | Rights and Responsibilities | Being My Best | Growing and Changing |
| **UKS2** | Me and My Relationships | Valuing Difference | Keeping Myself Safe | Rights and Responsibilities | Being My Best | Growing and Changing |